INDUSTRY INSIGHTS

HEALTH AND LIFE SCIENCES

Mental and Behavioral Health Careers

Industry Snapshot

The Greater Sacramento subregion job postings increased by 22% in the last 12 months (September 2022-August 2023). More than 6,954 job postings emerged during this period, indicating robust demand in the mental and behavioral health sector.

Average Salary:

\$70,000 Annually



Industry Future

Entry-level and Paraprofessional roles are poised for a 15% increase, translating to 1,296 jobs. Psychiatric Technicians are projected to see a 24% growth rate, accounting for 116 additional jobs.

Desired Skills

- Time-Management
- Customer Service
- Basic Algebra Skills
- Empathy
- Active listening
- Non-verbal & written communication

Workforce Landscape

Cultural competency and the incorporation of lived experiences emerged as foundational pillars in addressing the intricate and multifaceted needs of clients from diverse backgrounds.

Where should I go next?

- Browse training programs at your local community college at Northstatecareers.org.
- Find a Job Center near you to talk to a career coach at Careeronestop.org.
- Talk to someone about work-based opportunities at your local community college.



Industry Insights are developed as a collaboration between Valley Vision, Los Rios Community College District, and the Capital Region Workforce Boards in partnership with the Centers of Excellence. Strong Workforce Program and Regional Plan Implementation funding are utilized to organize and convene Regional Workforce Advisories that inform these snapshots.