# **Breathing Together:**

Insights from the Community Respiratory Wellness Survey in Gardenland

Sacramento residents face various public health challenges due to poor air quality. Some communities are more impacted than others due, in part, to their proximity to major roads and the resulting vehicle emissions exposure.

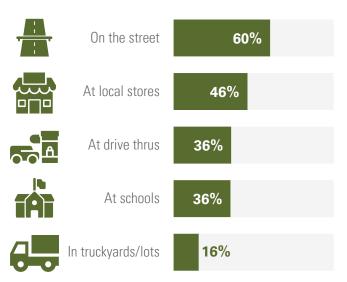


In 2023 the Sacramento Environmental Justice Community Air Monitoring Project surveyed 1,200 residents, focusing on four priority communities to understand the link between health and vehicle pollution. The Gardenland Northgate Neighborhood Association (GNNA) spearheaded the survey outreach, collecting the **197 surveys** from Gardenland residents summarized in this report.

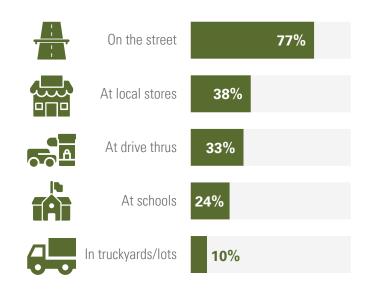


### Where do residents see and smell vehicles?

**78%** of Gardenland residents have seen vehicles idling....

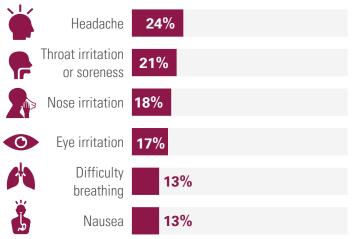


70% of Gardenland residents have smelled odor from vehicles....

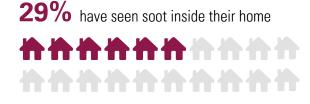


# How does this impact community health and homes?

Some Gardenland residents said they had these **symptoms** in the past month.



Some Gardenland residents see black dust/soot around their home....







14%

of residents had someone from their household go to the ER for allergy or asthma symptoms in the past year.



28%

of residents had someone from their household go to a clinic or doctor's office for allergy or asthma symptoms in the past year.

#### How do residents feel?

Gardenland residents rated their level of air pollution knowledge as "fair".



Residents are also **moderately worried** about the environment.



# What would residents like to do about pollution?



said they want to work with their community to reduce air pollution. Gardenland residents are most interested in doing these activities to help reduce air pollution.

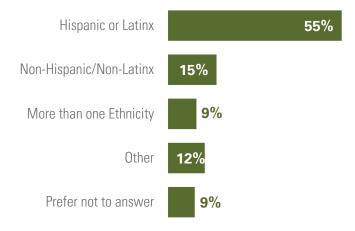




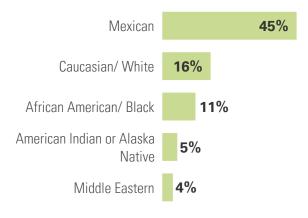


# Who took the survey?

#### Ethnicity

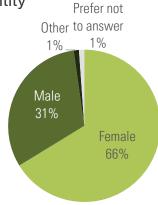


#### Race (top 5 selections)\*



<sup>\*</sup>includes respondents identifying as more than one race.

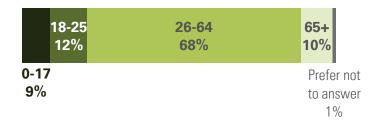
#### Gender identity



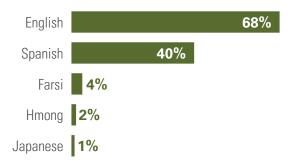
of respondents said that someone in their home smokes or vapes tobacco or marijuana.

of respondents said that they have children living at home.

#### Age



#### Languages spoken at home (top 5)



Interested in more information/getting involved? Contact GNNA at <a href="mailto:Gnnaboard@gmail.com">Gnnaboard@gmail.com</a> or contact Breathe California Sacramento Region at <a href="mailto:engage@sacbreathe.org">engage@sacbreathe.org</a>





















